



Dear Patient,

Aspira Plastic Surgery & Med Spa would like to take a moment to update you on our practice as we carefully begin to re-open with enhanced safety measures in place. The health of our patients and staff is and will continue to be our number one priority and will always be at the core of every decision we make. Since the beginning of the COVID-19 pandemic, we have been following up to date guidelines from the CDC, yet we recognize that this situation continues to evolve at a constant rate.

We will continue to stay ahead of the most current recommendations and will be sure to notify you of any changes to our practice's approach or operations.

May 1st

We will begin to proceed with scheduled surgeries during this phase of reopening the practice. While state and local restrictions on elective procedures have been lifted since April 22nd, it is with an abundance of caution that we wait until the beginning of May to further ensure the health and wellbeing of our patients and staff.

May 11th

All surgeries and medical procedures will be allowed into the office, but our Med Spa will remain closed until we receive new permissions from the Texas Medical Board. Patients can come in for medical procedures that include fillers, Botox, and lasers.

There are non-medical procedures **will not be allowed during this time**, which includes the following: Laser hair removal, facials, microdermabrasion, Hydrafacial, dermal infusion, Coolsculpting, dermaplaning, and mild chemical peels.

Please refer to our updated practice policies as we aim to ensure a safe and sanitized environment for our patients and staff:

- Please do not come to the office if you feel unwell or have had a potential exposure to someone with COVID-19.
- Upon your arrival, please ensure you have a mask or facial covering over your mouth and nose to reduce airborne transmission.
- Your temperature will be taken as you enter our office. Please refrain from entering the building if you carry a temperature above 100.4° F
- When you arrive to the office, please call to check in. You may be asked to wait in your car until the office is ready to receive you.
- Please arrive on time; You will be asked to wash your hands with sanitizer before the start of your appointment.

- Refrain from bringing additional family or friends to your appointment. If you require someone to assist you at our location, please call ahead and confirm this visitor with us.
- For the safety of our staff and all our patients, please adhere to these rules and policies.

To all our patients, please know that we miss you and look forward to a time when this rapid change is all behind us. We will continue to monitor the situation and adjust our policies accordingly to new updates as they come in. To stay informed on the changes that our practice is taking, be sure to visit www.aspiraplasticsurgery.com. For general information on how to protect yourself against COVID-19, reference www.cdc.gov/coronavirus for best practices and precautions that you can take.

If you have any questions about our policies or any other specific accommodations you might need during this time, be sure to reach out to our office through our website, or by calling 512-593-7699.

Thank you,

Venkata Erella, MD

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